

Services Offered:

Monday - Friday 9am - 3pm

Day Opportunities and Drop and Shop:

Personal care: toileting needs, washing and changing if necessary.

Mobility support if required.

Morning and afternoon social activities: including bingo, cards, dominoes, arts and crafts and singing, musical instruments, cake making, quizzes, interactive games and more.

It is one of the key principles of our charity, that we try, as far as possible, to offer individually tailored packages to meet your needs.

Prices:

All-day attendance including transport (area permitting): £51

Drop and Shop (maximum of 2 hours and no transport provided): £20 - £25
(must be prebooked)

Terms and Conditions:

St Albans Elderberries Club makes every effort to be as inclusive as possible, however there are limitations on our ability to provide a safe and welcoming environment for all. Each person is individually assessed to be certain we can meet their needs and to allow the individual to enjoy and flourish within the environment. Some of these limitations may include:

Individuals with complex health needs
Individuals requiring controlled drugs to be administered
Individuals requiring medical support
Behavioural or emotional issues that could put themselves or others at risk
Individuals in need of a hoist

In order to ensure the health and safety of all centre users we have developed the following protocol:

1 Anyone attending the Elderberries club are expected to have the ability to cope and interact with a Social environment. Our activities may bring them into contact with others and the room may be busy and fairly loud at times. Support and encouragement to take part in activities is provided however, we cannot offer guaranteed 1-2-1

2. There is no criteria required to be met for a person to attend. We accept people with all levels of dementia, from mild to severe. Behaviour as a result of Dementia is

more important than their cognitive ability. We can also accept those with Learning Disabilities and/or Physical Disabilities however as previously mentioned we cannot offer hoisting or administering of controlled drugs/medical support. We can support people to take medications from blister packs, automated dispensers or from its own original packaging if the client is named and the instructions are clear.

3. Some people may feel the need to get up and move around throughout the day. We do not restrain them to prevent this, although we may encourage them to rest if it starts to affect their health and safety or the health and safety of others. We also have an automatic locking system at the rear door and monitor the front door during the day, so as to keep individuals safe.

4. Elderberries staff will help people with basic personal care such as getting to the toilet, assistance with toileting including pad changes, reminders to wash hands etc.

6. Incontinence products used by the individual must be provided by the person/family for use while at the centre Those who have incontinence problems are advised to bring an alternative set of clothing in case of accidents. These clothes can be left at St Albans but please ensure they are labelled.

7. While physical disability is not necessarily a barrier to attendance at Elderberries, this will have to be assessed on a case-by-case basis to ensure the individual can be cared for safely (please see above in regard to hoisting). St Albans reserves the right to decline the offer of a place in cases where the physical disability is not manageable by staff at the Elderberries Club

8. As stated above, we are an open, social environment therefore any aggressive, angry or confrontational behaviour is inappropriate. St Albans reserves the right to decline a place at the day centre for any individual whose behaviour causes a risk to their own health and safety, or to the health and safety of other users of the centre.

9. In cases where a client of the day centre begins to exhibit aggressive, confrontational or anti-social behaviour as a consequence of the development of their condition, Elderberries staff will first and foremost discuss issues with the family/carers. If the issues cannot be resolved to our satisfaction St Albans reserves the right to withdraw the offer of a place in order to ensure the health and safety of the individual and other users of the centre.

10. As care needs change, individuals who may require higher levels of one-to-one attention, may be contacted by Elderberries and quoted separately for day opportunities provision.